



January 2023



ARICKAREE MENU

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 NO SCHOOL 	2 Blueberry bread, sausage, fruit, cereal & milk/ Mac & cheese, smoked sausage, fruit, salad & milk	3 Eggs, bacon, fruit, cereal & milk/ Spaghetti, breadsticks, fruit, salad & milk	4 Breakfast sandwich, fruit, cereal & milk/ Orange chicken, rice, egg rolls, fortune cookie, fruit, salad & milk	5 NO SCHOOL	6	7
8 Scones, sausage, fruit, cereal & milk/ Tacos, spanish rice, fruit, salad & milk	9 Eggs, hashbrowns, cereal, fruit & milk/ Grilled ham & cheese, chips, fruit, salad & milk	10 Breakfast pizza, cereal fruit & milk/ Chili, cinnamon rolls, fruit, salad & milk	11 Biscuits & gravy, fruit, cereal & milk/ Chicken fried steak, baked potato casserole, fruit, salad & milk	12 NO SCHOOL	13	14
15 Danish, sausage, fruit, cereal & milk/ Spicy chicken sandwich, fries, fruit, salad & milk	16 Breakfast casserole, fruit, cereal & milk/ Chicken alfredo, garlic bread, fruit, salad & milk	17 Yogurt parfait, breakfast cookie, fruit & milk/ Meat & cheese pizza, fruit, salad & milk	18 Pancakes, sausage, fruit, cereal & milk/ BBQ chicken sandwich, tator tots, fruit, salad & milk	19 NO SCHOOL	20	21
22 Breakfast pizza, cereal, fruit & milk/ Ravioli, green beans, fruit, salad & milk	23 Pancake on a stick, cereal, fruit & milk/ Smothered burrito, rice, fruit, salad & milk	24 Breakfast burrito, fruit, cereal & milk/ Taco salad, refried beans, fruit, salad & milk	25 Donuts, sausage, fruit, cereal & milk/ Cheeseburger, chips, fruit, salad & milk	26 NO SCHOOL	27	28
29 French toast sticks, sausage, cereal & milk/ Corn dogs, french fries, fruit, salad & milk	30 Eggs, bacon, fruit, cereal & milk/ Lasagna, rolls, fruit, salad & milk	31	1	2	3	4
5	6	<p>This institution is an equal opportunity provider. Always check the website for current information and/or changes. www.arickaree.org</p>				

Calendar Settings	
Year	Week Start
2023	Sunday