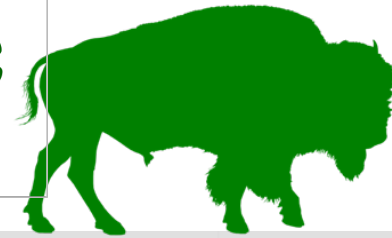


September 2022

ARICKAREE MENU



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	29	30	31	1 Breakfast pizza, fruit, cereal & milk/ BLT wraps, fries, fruit, salad, & milk	2 NO SCHOOL	3
4 NO SCHOOL- LABOR DAY	5	6 Waffles, sausage, fruit, cereal & milk/ Sloppy joes, tator tots, fruit, salad & milk	7 Yogurt parfaits, breakfast cookie, fruit cereal & milk/ Chicken chimichangas, spanish rice, fruit, salad & milk	8 Biscuits & gravy, fruit, cereal & milk/ Chili, cinnamon rolls, fruit, salad & milk	9 Breakfast burritos, fruit cereal & milk/ Chicken fried steak, mashed potatoes, rolls, salad, fruit & milk	10
11 Scones, sausage, fruit, cereal & milk/ Chicken alfredo, mixed veggie, rolls, fruit, salad & milk	12	13 Eggs, bacon, fruit, cereal & milk/ Taco burgers, corn, fruit, salad & milk	14 Bagels, sausage, fruit, cereal & milk/ Smothered beef burritos, corn, fruit, salad & milk	15 Breakfast sandwich, fruit, cereal & milk/ Lasagna, green beans, rolls, fruit, salad & milk	16 NO SCHOOL	17
18 Danish, sausage, fruit, cereal & milk/ Taco soup, cinnamon breadsticks, fruit, salad & milk	19	20 Eggs, hashbrowns, fruit, cereal & milk/ Meatball subs, fries, fruit, salad & milk	21 Donuts, sausage, fruit, cereal & milk/ Beef quesidillas, spanish rice, fruit, salad & milk	22 Breakfast casserole, fruit, cereal & milk/ Chicken patty sandwich, tator tots, fruit, salad & milk	23 NO SCHOOL	24
25 French toast sticks, sausage, fruit, cereal & milk/ Italian subs, chips, fruit, salad & milk	26	27 Yogurt parfaits, breakfast cookie, fruit, cereal & milk/ Grilled cheese, tomato soup, fruit, salad & milk	28 Breakfast pizza, fruit, cereal & milk/ BBQ chicken, scalloped potatoes, fruit, salad & milk	29 Pancakes, sausage, fruit, cereal & milk/ Frito pie, corn, fruit, salad & milk	30 NO SCHOOL	1
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