

# October 2019



September '19							November '19							
S	M	T	W	T	F	S	S	M	T	W	T	F	S	
1	2	3	4	5	6	7							1	2
8	9	10	11	12	13	14	3	4	5	6	7	8	9	
15	16	17	18	19	20	21	10	11	12	13	14	15	16	
22	23	24	25	26	27	28	17	18	19	20	21	22	23	
29	30						24	25	26	27	28	29	30	

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29	30	1 French Toast & Sausage/ Sloppy Joes	2 Eggs & Sausage/ Orange Chicken	3 Yogurt Parfaits/ Sub Sandwiches	4 No School	5
6	7 Waffles/ Brats	8 Eggs & Sausage/ Chicken Alfredo	9 Pancake on a Stick/ Salisbury Steak	10 Muffins & Sausage/ Grilled Cheese & Tomato Soup	11 No School	12
13	14 notice change Oatmeal/ Chicken Tenders	15 Scones & Eggs/ Hamburgers	16 notice changes Breakfast Cookie & Sausage Chicken Fried Steak	17 notice change Breakfast Bread & Yogurt/ Enchilada Casserole	18 No School	19
20	21 Oatmeal/ Chicken Patty Sandwich	22 Eggs & Bacon/ Smothered Burritos	23 Pancakes/ Mac N Cheese	24 Bagels & Eggs/ Chili	25 No School	26
27	28 Breakfast Pizza/ Pulled Pork Sandwich	29 Waffles/ Spaghetti	30 Yogurt Parfaits/ Nachos	31 Donuts & Eggs/ Sloppy Joes	1	2
3	4	<b>Notes</b> This institution is an equal opportunity provider. Always check the website for current information and/or changes. <a href="http://www.arickaree.org">www.arickaree.org</a>				