

# October 2022

## ARICKAREE MENU



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
25	26	27	28	29	30	1
2	3 Bagels, sausage, fruit, cereal & milk/ Spaghetti breadsticks, green beans, fruit, salad & milk	4 Escuits & gravy, fruit, cereal & milk/ Tacos, refried beans, rice, fruit, salad & milk	5 Eggs, bacon, fruit, cereal & milk/ Pulled pork, fries, fruit, salad & milk	6 Yogurt parfaits, breakfast cookie, fruit, cereal & milk/ Meat & cheese pizza, fruit, salad & milk	7 No school	8
9	10 Scones, sausage, fruit, cereal & milk/ Oven fried chicken, scalloped potatoes, corn, fruit, salad & milk	11 Pancake on a stick, fruit, cereal & milk/ Chicken quesadilla, rice, fruit, salad & milk	12 Blueberry bread, eggs, fruit, cereal & milk/ Cheese burgers, chips, fruit, salad & milk	13 Breakfast sandwich, fruit, cereal & milk/ Hot dogs or chili dog, tator tots, fruit, salad & milk	14 No school	15
16	17 French toast sticks, sausage, fruit, cereal & milk/ Tator tot casserole, rolls, fruit, salad & milk	18 Breakfast pizza, fruit, cereal & milk/ Salisbury steak, baked potatoe, green beans, fruit, salad & milk	19 Eggs, hashbrowns, fruit, cereal & milk/ Mexican rice bowls, corn, black beans, fruit, salad & milk	20 Banana bread, sausage, fruit, cereal & milk/ French dip sandwich, chips, fruit, salad & milk	21 No school	22
23	24 Waffles, sausage, fruit, cereal & milk/ Nachos, refried beans, corn, fruit, salad & milk	25 Breakfast burrito, fruit, cereal & milk/ Taco soup, cinnamon rolls, fruit, salad & milk	26 Escuits & gravy, fruit, cereal & milk/ Chicken & noodles, mashed potatoes, fruit, salad & milk	27 Donuts, sausage, fruit, cereal & milk/ Orange chicken, egg rolls, rice, fruit, salad & milk	28 No school	29
30	31 Bagels, sausage, fruit, cereal & milk/ Sub sandwich, chips, fruit, salad & milk	<div data-bbox="634 1349 1364 1503" data-label="Text"> <p>This institution is an equal opportunity provider. Always check the website for current information and/or changes.</p> </div> <div data-bbox="1364 1344 1981 1503" data-label="Image"> </div>				